

Menu Starting 28th September 2020

WEEK 1 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Farm Assured Lamb Kofta Farm Assured Roast Organic Beef Meaty Sustainably Caught Served in a Pitta with a Turkey with Sage & (MSC) Battered Fish Mac & Cheese (lamb Margherita Pizza Yoghurt & Mint Dressing Onion Stuffing & Gravy for beef free schools) with Tomato Ketchup Quorn Dippers Lentil & Sweet Potato Potato & Courgette Roasted Pepper & Jacket Potato with Curry Layer Cake Tomato Pizza Vegetarian Bolognaise Fluffy Rice Creamed Potatoes Pasta in Tomato Sauce Garlic Bread Chips Half a Jacket Potato Fluffy Rice Potatoes in their Skins **Parsley Potatoes** Half a Jacket Potato Sweetcorn Green Beans Fresh Cabbage Medley of Seasonal Peas Homemade Crunchy **Roasted Vegetables** Fresh Carrots Vegetables Baked Beans Bar Coleslaw Salad Bar Selection Salad Bar Selection Salad Bar Selection Salad Selection Salad Bar Selection Peach & Raspberry DESSERT Cobbler with Custard Vanilla Ice Cream Apple Cake Chocolate Shortbread Iced Bun

2020 - 28th Sep. 26th Oct, 16th Nov, 07th Dec. 2021 - 11th Jan, 1st Feb, 1st Mar, 22nd Mar, 26th Apr, 17th May, 7th Jun, 28th Jun, Please look out for exciting competitions and marketing events on our exciting new website. (coming soon)

NEW DISHES

LAMB KOFTA

A Middle Eastern dish with aromatic spices. Farm Assured minced lamb with added spices, shaped and served in a healthy pitta and accompanied with a refreshing yoghurt and mint dip.

MEATY MAC CHEESE

The makeover of a timeless classic. An organic beef bolognaise with a homemade creamy macaroni cheese

APPLE CAKE

Toffee Crispy Cake

A light fluffy sponge with the addition of fresh apples.

PEACH & RASPBERRY COBBLER WITH **CUSTARD**

An old favourite of grandmas





All of the potatoes we use on our menu and in our dishes are Organic as are some of the vegetables.

Our eggs are Free Range and are sourced locally from Sileby and Melton Mowbray.

WEEK 2 MONDAY TUESDAY WEDNESDAY THURSDAY Jacket Potato with OPTION ONE Farm Assured Roast Loin Farm Assured Pork Baked Beans of Pork with Apple Sauce Farm Assured Chicken Sausages in Onion Gravy & Sweetcorn Pizza & Gravy Vegetarian Sausages in Traditional Cheese Flan Sweet Chilli Pasta Garlic Mushroom Pizza Onion Gravy

Mashed Potatoes
Half a Jacket Potato
Parsley Potatoes
Garlic Bread
Herby Jacket Wedges
Jewelled Couscous
Pasta

CarrotsSweetcornBroccoli FreshApple ColeslawPeasGreen BeansPeasCarrotsFresh CarrotsBaked BeansSalad Bar SelectionSalad Bar SelectionSalad Bar SelectionSalad Bar Selection

Seasonal Fruit Oaty
Crumble with Custard
Crumble with Custard
Coaty Cookie

Chocolate & Beetroot Brownie

Chocolate & Beetroot Custard
Custard
Coaty Cookie

Lemon Drizzle Cake
Vanilla Ice Cream

2020 - 5th Oct, 2nd Nov, 23rd Nov, 14th Dec. **2021** - 18th Jan, 8th Feb, 8th Mar, 12th Apr, 3rd May, 24th May, 14th Jun, 5th Jul.

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NEW DISHES FOR 2020-21

GARLIC MUSHROOM PIZZA

A light dough spread with a homemade rich tomato sauce, topped with vegetables, Garlic Mushrooms and Cheese.

CHOCOLATE & BEETROOT BROWNIE

This gooey centred brownie has the addition of earthy beetroot counting as one of your 5 a day! Sweet and delicious, what's not to like!

PEAR SPONGE & CUSTARD
A light sponge with a base of sweet pears.



Sustainable Caught

(MSC) Fish Fingers or

Salmon Fish Fingers

Vegetable Fingers



Look out for our home-made tomato-based sauces that are used in our recipes and homemade bread.

All of our dessert recipes have been made using 50% less sugar.

WEEK 3					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION ONE	Organic Pork Meatballs in a Homemade Tomato Sauce	Farm Assured Roast Chicken with Sage & Onion Stuffing	Organic Beef Lasagne	Jacket Potato with Baked Beans	Sustainably Caught (MSC) Fish Fingers with Tomato Ketchup
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OPTION TWO	Macaroni Cheese	Jacket Potato with Vegetarian Chilli	Margarita Pizza	Vegetarian Cottage Pie	Courgette Sausages
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CARBS	Pasta Shapes Garlic Bread	Potato & Carrot Mash Fluffy Rice	Half a Jacket Potato Roasted Vegetable Couscous	Jacket Wedges Rice & Peas	Chips Half a Jacket Potato
VEGETABLES	Carrots Broccoli Salad Bar Selection	Cauliflower & Broccoli Cheese Fresh Carrots Salad Bar Selection	Sweetcorn Peas Salad Bar Selection	Roasted Vegetable Medley Salad Bar Selection	Peas Baked Beans Salad Bar Selection
DESSERTS	Dutch Apple Cake with Custard	Cherry Shortbread	Chocolate Cornflake Cakes	Orange & Mandarin Jelly with Whipped Cream	Chocolate Ice Cream

2020 - 12th Oct, 9th Nov, 30th Nov. 2021 - 4th Jan, 25th Jan, 22nd Feb, 15th Mar, 19th Apr, 10th May, 31st May, 21st Jun, 12th Jul.

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NEW DISHES FOR 2020-21

DUTCH APPLE CAKE

A light sponge infused with fresh apples, sultanas and a hint of cinnamon. Served with a hot creamy custard.





95% of our dishes are home made and freshly cooked in our school kitchens by our well-trained enthusiastic staff.